

## NATA RESEARCH & EDUCATION FOUNDATION

### Student Writing Contest Guidelines 2019

#### *General*

- 12 point font
- MS Word format only
- Arial or Times New Roman font
- 1" margins on all four sides
- Double space the entire manuscript
- Do not right justify the pages
- Begin page numbering on the abstract page with page 1 and number each page thereafter consecutively
- Do not include author(s) names or manuscript title in manuscript headers or footers
- Follow the *AMA Manual of Style* for the entire manuscript, references, tables, and figures
- If including tables, figures, or pictures, each must be on a separate page and follow the references
- No headers or footers are allowed on any page of the submission

#### *Cover Page*

The manuscript's cover page must contain the following information:

- A title (brief and to the point) of no more than 16 words
- Contest category that the paper is being submitted to:
  - Original Research
  - Case Report
  - Literature Review
- Student's Name, NATA member number, and NPI number (required)
- Student's contact information (including mailing address, e-mail address and phone number)
- Name of school the student is attending and the student's year in school (freshman, 1<sup>st</sup> year entry-level Master's, etc.)
- Name of the student's school
- Athletic training program director's name and contact information.
- An additional title page with NO author information

#### *Abstract Page*

- 300 word maximum
- First line is the title
- Skip 2 lines and begin the abstract
- Following the abstract, skip 2 lines and list 3 key words.

## Manuscript

- The manuscript follows on a new page. There is NO title on this page or any page that follows.

If the paper is **ORIGINAL RESEARCH**, it must have the following sections:

1. Introduction
2. Methods
3. Results
4. Discussion
5. References
  - Utilize the *AMA Manual of Style* for the format of the references and *Index Medicus* for the journal abbreviations

If the paper is a **CASE REPORT**, it must have the following sections:

1. Background of the topic covered in the case study (introduce the problem of interest)
2. Patient – provide patient demographics (use no identifiers such as university, specific dates, etc.)
  - Age
  - Gender
  - Race
  - Marital status (if relevant)
  - Mechanism of injury
  - Chief complaint
  - Relevant medical history, including symptoms
3. Findings
  - Results of relevant medical tests (special tests, imaging, ROM/MMT, etc.)
4. Differential diagnoses and final diagnosis
  - Outline all suspected conditions based on the history and findings, then list the final diagnosis
5. Treatment
  - Outlined the patient's treatment, and clinical course
  - Criteria for return to competition
6. Uniqueness
  - Explain what makes this case unique from previous or similar cases
7. Conclusion
  - Briefly summarize the case
  - Outline what medicine can learn from this case
8. References (utilize the *AMA Manual of Style* for the format of the references and *Index Medicus* for the journal abbreviations)
9. *Please note - Author is responsible for securing a signed release from the case report patient*

If the paper is a **LITERATURE REVIEW**, it must have the following sections:

1. Introduction
  - Overview of the issue/topic and why it is being examined
  - Objectives of the literature review
2. Body
  - Divide the literature review into the various categories that relate to the topic, making sure that subheadings are used to separate the categories of articles that are similar or different
  - The four primary literature reviews are:
    - Chronological
    - Thematic
    - Methodological
    - Qualitative
3. Conclusions
  - Bring the literature review to a close with a conclusions section that synthesizes the paper
  - Include potential clinical impact and possible directions for future research
4. References
  - Number the references consecutively
  - Utilize the *AMA Manual of Style* for the format of the references and *Index Medicus* for the journal abbreviations
  - Use ampersands posthumously