



# SARA NOTTINGHAM, EDD, ATC

## 2016 RESEARCH GRANT RECIPIENT

### "AN INVESTIGATION INTO DOCTORAL PREPARATION AND MENTORSHIP IN THE SOCIALIZATION OF PRE-TENURED ATHLETIC TRAINING FACULTY MEMBERS"

Education Grant 2016 – 2018  
Funding: \$11,500

#### CLINICAL TAKE HOME MESSAGE

To prepare high quality athletic trainers, faculty members need to be prepared and mentored in the areas of program administration and teaching in addition to research. Doctoral education and mentorship are important mechanisms in preparing and supporting faculty members.

#### IMPACT

This study examined several aspects of doctoral preparation and athletic training faculty members' experiences learning their roles. The findings of this study identified that athletic training faculty members are often not adequately prepared for their faculty responsibilities, especially teaching and administration. The findings suggest that doctoral education could be strengthened by spending more time preparing individuals how to teach, administer programs, and strategically engage in professional service. Additionally, mentorship is critical in the support of junior faculty members. This study has been used to enhance the NATA Foundation Faculty Mentor Program.

#### PUBLICATIONS

Mazerolle SM, Nottingham SL, Coleman KA. Faculty mentorship in higher education: The value of institutional and professional mentors. *Athl Train Educ J.* 2018;13(3):259-267.  
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<https://www.ingentaconnect.com/content/asahp/jah/2019/0000048/00000001/art00021>

Nottingham SL, Mazerolle SM. Mentoring Processes in Higher Education: Perspectives of Junior Athletic Training Faculty Members. *Internet Journal of Allied Health Sciences & Practice.* 2018;16(4). <https://nsuworks.nova.edu/ijahsp/vol16/iss4/1/>

Mazerolle SM, Nottingham SL, Coleman K. Organizational Socialization: Experiences of Junior Faculty in Athletic Training Education Programs. *Internet Journal of Allied Health Sciences & Practice.* 2019;17(3).  
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<https://doi.org/10.4085/11403198>



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Dr. Sara Nottingham is an Associate Professor and Director of the Athletic Training Program at the University of New Mexico. She completed her undergraduate degree at Chapman University, Master's Degree at the University of Oregon, and her Doctorate at the University of North Carolina at Greensboro. Dr. Nottingham conducts research on clinical education, faculty development, mentoring, and documentation practices in athletic training using primarily qualitative research methods. She serves as Chair of the National Athletic Trainers' Association (NATA) Education Advancement Committee, Co-Chair of the NATA Foundation Faculty Mentor program, and is a member of the NATA Executive Council for Education. She has worked clinically as an athletic trainer primarily in the NCAA Division I athletics setting, in addition to the collegiate intramurals, community college, and high school settings.