



Submission Guidelines for Student Writing Contest

ORIGINAL RESEARCH

https://journals.humankinetics.com/fileasset/IJATT/01.IJATT_Guidelines_Research_Reports.pdf

1. GENERAL FORMAT

- a. 12-point font is used
- b. Only original PDF format will be accepted (a scanned PDF will not be accepted)
- c. Arial or Times New Roman font is used
- d. 1" margins on all four sides are used
- e. Do not right justify the pages
- f. Begin page numbering on the abstract page with page 1 and number each page thereafter consecutively
- g. Follow the current AMA Manual of Style for the entire manuscript, references, tables, and figures
- h. If including tables, figures, or pictures, each must be on a separate page and follow the references
- i. No headers or footers are allowed on any page of the submission
- j. Continuous line numbers are used
- k. Title is limited to a 16-word maximum

2. ABSTRACT

- a. Structured abstract is included (introduction, methods, results, discussion, conclusion, and keywords)
- b. 300 word limit
- c. A minimum of 3 keywords are included that do not appear in the title
- d. A succinct review of the research performed is included

3. MANUSCRIPT

- a. Introduction (3-5 paragraphs)
 - i. Clearly identifies and discusses research focus within the context of the existing literature
 - ii. Research focus is clearly grounded in previous research/theoretically relevant literature
 - iii. Significance of the study is established
 - iv. Research or study purpose(s) clearly articulated with accompanying hypothesis(es)
- b. Methods
 - i. Divided into appropriate sections (based on research type, quantitative, qualitative, mixed-method) that may include, but are not limited to, research design, participants (including the rationale for participant size and sampling methods), instrumentation/instrument development (including validity and/or reliability),

procedures, statistical/data analysis (clearly defined independent and dependent variables, verification strategies used to ensure trustworthiness/credibility)

- ii. Methods are lucid, reproducible, and appropriate given the purpose of the study
- iii. Provides an accurate and thorough description of the procedures and methods used to collect data
- iv. The methods are appropriate and match the research purpose outlined in the introduction
- v. Statistical or data analyses are well described and are appropriate given the research purpose(s) outlined in the introduction

c. Results

- i. Results are clearly explained in a comprehensive level of detail. For quantitative research, analyses must be interpreted correctly given the study purpose(s) with p-value(s) and measure(s) of clinical meaningfulness (effect sizes, confidence intervals). For qualitative research, a description of findings, data interpretation, and themes must be provided with supporting representative quotes/vignettes. Mixed-methods research must present elements of quantitative and qualitative research.
- ii. Organized clearly and results are supported by figures and/or tables when appropriate.
- iii. Clearly aligned with the research purpose(s) outlined in the introduction.

d. Discussion & Conclusions

- i. Interpretations are thoughtful, insightful, and clearly informed by the findings, hypothesis(es), and/or purpose(s) of the study
- ii. Discussion addresses the findings and provides explanation and application of the results within the existing literature
- iii. Intuitive discussion of the findings as they relate to athletic training and advancement of reader knowledge
- iv. Thoroughly addresses limitations, clinical implications, and future research
- v. Thoroughly explains the contribution the research made to theory and/or clinical practice
- vi. Conclusion section is separate and is 3-4 sentences that connects the purpose of the study to the findings within the context of the study limitations and/or clinical implications

4. OVERALL SUBJECTIVE EVALUATION

- a. The manuscript is free of spelling, punctuation, & grammatical errors
- b. The manuscript has a logical presentation and flow using appropriate subheadings
- c. Language is professional, scientific, appropriate given the audience (medical terminology is used), and demonstrates a level of sophistication without bias or discrimination
- d. References are used appropriately to support statements