

SARA NOTTINGHAM, EDD, LAT, ATC

PRIMARY INVESTIGATOR

Dr. Sara Nottingham is an Associate Professor and Director of the Athletic Training Program at the University of New Mexico. She completed her undergraduate degree at Chapman University, Master's Degree at the University of Oregon, and her Doctorate at the University of North Carolina at Greensboro. Dr. Nottingham conducts research on clinical education, faculty development, mentoring, and documentation practices in athletic training using primarily qualitative research methods. She serves as Chair of the National Athletic Trainers' Association (NATA) Education Advancement Committee. Co-Chair of the NATA Foundation Faculty Mentor program, and is a member of the NATA Executive Council for Education. She has worked clinically as an athletic trainer primarily in the NCAA Division I athletics setting, in addition to the collegiate intramurals, community college, and high school settings.



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"EVALUATING THE EFFECTIVENESS
OF A PERSONALIZED
EDUCATIONAL INTERVENTION TO
IMPROVE ATHLETIC TRAINERS'
KNOWLEDGE OF CLINICAL
DOCUMENTATION"

PROFESSIONAL GRANT PROGRAM: GENERAL CATEGORY

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## **STUDY SUMMARY:**

We have found in previous studies that athletic trainers desire more educational resources to guide their clinical documentation. The Athletic Training Research Agenda has also identified a need for more research on clinical documentation and innovative educational practices. The purpose of our study is to evaluate the effectiveness of a personalized educational intervention to improve athletic trainers' knowledge of clinical documentation. The educational module will be virtual and interactive. We will measure effectiveness of the module using a mixed-methods approach.

## IMPACT ON THE AT PROFFESION

Clinical documentation is an essential skill for athletic trainers, and quality documentation is important for the effective delivery of patient care and characterization of the profession. Despite its importance, many ATs face challenges with documentation, including lack of knowledge about what and how to document. We hope this educational module provides an effective, accessible, and user-friendly resource for athletic trainers looking to improve their clinical documentation.

## **RESEARCH TEAM**



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