

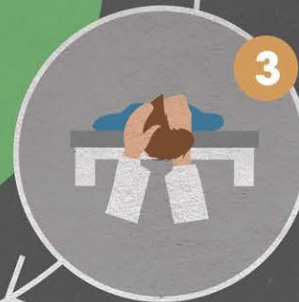
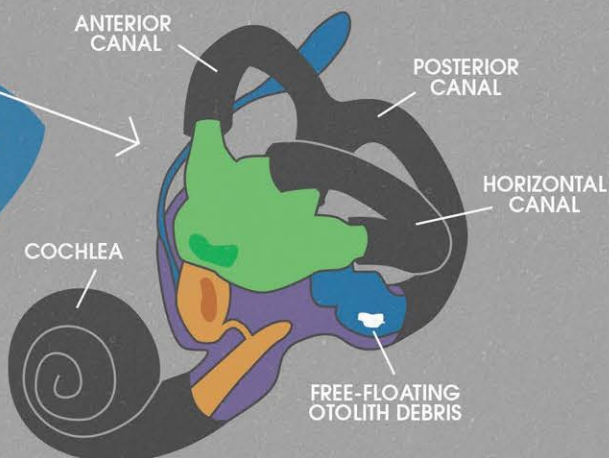
Symptoms & Treatment of Benign Paroxysmal Positional Vertigo (BPPV)

BPPV Symptoms

VERTIGO

NAUSEA

BALANCE DISTURBANCE



Treatment:

The Epley Maneuver can be used to resolve symptoms related to BPPV with a posterior canal involvement. The examiner moves the patient's head in a series of positions watching for eye movement (nystagmus) with the goal of moving built up debris out of the canal.



Visit [natafoundation.org/for-the-profession-for-more-info-including-the NATA Foundation e-article on BPPV](http://natafoundation.org/for-the-profession-for-more-info-including-the-NATA-Foundation-e-article-on-BPPV).

1. Kim JS, Zee DS. Clinical practice. Benign paroxysmal positional vertigo. N Engl J Med. 2014;370(12):1138-1147. 2. Lee SH, Kim JS. Benign paroxysmal positional vertigo. J Clin Neurol. 2010;6(2):51-63. 3. Hilton MP, Pinder DK. The Epley (canalith repositioning) manoeuvre for benign paroxysmal positional vertigo. Cochrane Database Syst Rev. 2014;12:CD003162.

