Symptoms & Treatment of Benign Paroxysmal Positional Vertigo (BPPV)

**BPPV Symptoms**
- Vertigo
- Nausea
- Balance Disturbance

**Treatment:**

The Epley Maneuver can be used to resolve symptoms related to BPPV with a posterior canal involvement. The examiner moves the patients head in a series of positions watching for eye movement (nystagmus) with the goal of moving built up debris out of the canal.

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Visit natafoundation.org/for-the-profession for more info including the NATA Foundation e-article on BPPV.