# Louis R. Osternig, PhD, Research Endowment



**About the Endowment:** The Osternig Master's Research Grant program has awarded funds to student investigators since 2001. In 2009, a permanent endowment was established by friends of Dr. Osternig to honor his many contributions to the sports medicine body of knowledge and to continue the grant program in perpetuity. The Louis R. Osternig, PhD, Research Endowment provides a \$1,000 master's-level grant to one qualified student annually.

Research priorities:

- to a qualified graduate student conducting head injury research at the University of Oregon.
- to a qualified graduate student conducting athletic training research at the University of Oregon.
- to a qualified graduate student from NATA district 10 conducting athletic training research.
- to a qualified graduate student conducting athletic training research.

**About Dr. Osternig:** Louis R. Osternig's research has focused on musculoskeletal function before and after injury and surgery and conducted studies on post-injury/post-surgery adaptations and recovery. In recent years he has collaborated with University of Oregon collegues and graduate students on studies examining the acute and long-term effects of mild traumatic brain injuries (mTBI) on cognitive and motor functions in university and high school students.

Dr. Osternig began teaching in 1971 as an assistant professor of physical education at the University of the Pacific in Stockton, California where he also served as head athletic trainer. A year later, he came to the University of Oregon (UO) as an assistant professor and athletic trainer, and became a full professor in 1983. During his tenure with the UO, Osternig has served in a number of administrative roles. From 1973 until 1990, he was the director of the program in sports medicine and the accredited graduate program in athletic training. Concurrently, between 1981 and 1984, he served as head of the Division of Exercise Science in the Department of Physical Education and Human Movement Studies, and later Head of the Division of Graduate Studies, a position he held until 1990. Since 2006, he has served as Professor Emeritus in the Department of Human Physiology at the UO.

Dr. Osternig has co-authored more than 60 research articles that appeared in journals such as the Journal of Athletic Training, American Journal of Sports Medicine, American Journal of Physical Medicine, Archives of Physical Medicine and Rehabilitation, Medicine and Science in Sports and Exercise, Clinical Biomechanics, Brain Injury, Brain, Experimental Brain Research, British Journal of Sports Medicine, Neuropsychologia, Journal of Orthopaedic Research, Gait and Posture, Journal of Musculoskeletal Research, Medical Engineering & Physics, Journal of Bone and Joint Surgery, Journal of Motor Behavior, Neuroscience Letters, European Journal of Applied Physiology, Journal of Sport Rehabilitation, Journal of Biomechanics, Research Quarterly for Exercise and Sport.

#### **Research Grant Recipients:**

- 2022 Brandon Wood, Brigham Young University
- 2021 Not Awarded
- 2020 Hyunwook Lee, Brigham Young University
- 2019 Not Awarded

- 2018 Yu-Lin Huang, Oregon State University
- 2017 Not Awarded
- 2016 Not Awarded
- 2015 Shelby Baez, University of Kentucky
- 2014 Rachel Walker, University of Iowa
- 2013 Ariel Guldstrand, University of Utah
- 2012 Emily Brownell, University of Kentucky
- 2007 Matthew Bracken, University of Toledo

## 2006

Jessica Barrett, Old Dominion University Nathan Crockett, West Virginia University Charles Emerson & Dawn Minton, Florida International University Matthew Gilbert, University of Toledo Mary Beth Gilliam, University of Delaware Mary Joos, Old Dominion University Emily Markis, Temple University Lacey Nordsiden, Old Dominion University Erin O'Donoghue, Old Dominion University Regina O'Hara, Old Dominion University

# 2005

Naoko Aminika, University of Toledo Patricia Anzivino & Kellie Guth, Old Dominion University Paul Buchheit, University of Northern Iowa Nicole Craig, University of Northern Iowa Melisa Fazio & Jennifer Sebert, University of Kentucky Julie Sandy, Georgia Southern University Amelia Sesma, University of Kentucky Megan Shaw, University of Toledo Eric Simmons, AT Still University Lyndsay Smith, Georgia Southern University Eric Sorenson, University of Oregon

### 2004

Aikane Belez, Georgia Southern University Allison Lane, University of Pittsburgh Jennifer Merkle, Texas Tech University Kristina Palmer, Georgia Southern University Akshay Patel, UNC at Chapel Hill Junita Payne, AT Still University Kristin Stoneberg, University of Northern Iowa Lindsay Strickland, UNC at Chapel Hill Anthony Zaino, Quinnipiac University

# 2003

Michelle Boling University of Kentucky David Carney, University of Wisconsin Stacy Downar, University of Kentucky Amy Newell, Old Dominion University Natalie Senese, University of Florida Shawna Wood, University of Pittsburgh Lindsay Strickland, Barry University

### 2002

Jeffrey Bribban, Temple University Ayako Habu, University of Pittsburgh Marc Norcross, UNC at Chapel Hill Anthony Piegaro, Jr., West Virginia University Danielle Wilderman, UNC at Chapel Hill

### 2001

Steven Broglio, University of Pittsburgh Christine Douglas, University of Florida Jill Lassiter, State University of NY College at Brockport Giampietro Vairo, University of Pittsburg Commitment: \$25,000 Amount Received: \$25,802.34 Needed to Endow: \$0

#### Donors:

Robert & Martha Crist Reed Ferber, PhD, ATC Mark Hoffman, PhD, ATC Scott Kitchel Michael Koester, MD Tara Lepp, MS, ATC John Mercer, PhD Louis Osternig, PhD, ATC Susan Verscheure, PhD, ATC Slocum Orthopaedics