

The Dr. Freddie & Mrs. Hilda Pang Fu New Investigator Research Award Endowment



ABOUT THE ENDOWMENT:

The Dr. Freddie and Mrs. Hilda Pang Fu New Investigator Award Endowment was initiated to provide an annual award of \$2,500 to be conferred with the NATA Research & Education Foundation's New Investigator Award. The New Investigator Award recognizes a researcher who is likely to continue to make significant contributions to the body of knowledge in athletic training and health care. Upon achieving full endowment status, the Foundation's New Investigator Award will be renamed "The Dr. Freddie & Mrs. Hilda Pang Fu New Investigator Award".

ENDOWMENT STATUS:

The NATA Research & Education Foundation Board of Directors approved the multi-year accumulating endowment as fully endowed on August 22, 2021. The inaugural Dr. Freddie & Mrs. Hilda Pang Fu New Investigator Awardee was awarded in 2022.

ABOUT DR. FREDDIE AND MRS. HILDA PANG FU:

Dr. Fu was a pioneer and authority in sports medicine and recognized as a preeminent leader in orthopaedic surgery and sports medicine across the globe. He earned his MD from the University of Pittsburgh, spending more than three decades as the head team physician for the University of Pittsburgh's Department of Athletics, including secondary appointments at Pitt as Professor of Mechanical and Material Sciences, Physical Therapy, and Health and Physical Activity. Dr. Fu founded the University of Pittsburgh School of Medicine's sports medicine program in 1986. In 1998, he was named the David Silver Professor and Chairman of the Department of Orthopaedic Surgery at the University of Pittsburgh Medical Center (UPMC). In 2018, the University of Pittsburgh sports complex medical building was renamed to the UPMC Freddie Fu Sports Medicine Center. As a leader in sports medicine, Dr. Fu was also a proponent for athletic trainers and an ardent supporter of the athletic training profession.

Dr. Fu was also a pioneer in sports medicine and ACL research. In 1996, he was the recipient of the American Academy of Orthopaedic Surgeons Kappa Delta Award. He has published more articles concerning the ACL than any other author, and he has published more of the top 100 cited papers on ACL research than anyone else in the world. His published work has been collectively cited more than 60,000 times by other authors. In total, Dr. Fu has published 705 peer-reviewed articles, 200 non-peer-reviewed articles, 145 book chapters, and 33 major textbooks on sports medicine. He gave 1,315 national or international presentations. Dr. Fu was always passionate about supporting and recognizing excellence in sports medicine research.

Dr. Fu passed away on September 24, 2021, at the age of 70. Dr. Fu is survived by his wife of 47 years, Hilda Pang Fu; his daughter, Joyce Lok-See Fu; his son, Gordon Ka-Hong Fu; 5 grandchildren, Ludvine Ling-Yun Fu Martin, Alexander Zee-Yun Fu Martin, Axel Wei-Yun Fu Martin; Kendrick Kai Cheng Fu, and Kasen Kai Sheng Fu; his mother, Mabel Foo; 2 brothers, Frank Fu and Nigel Fu; and 2 sisters, Susan Lam and Jeanette Maeba. Mrs. Hilda Pang Fu is a graduate of St. Stephen's Girls' School and Hong Kong University, and holds a Master of Library Science degree from the University of

Pittsburgh and a Master of Public Management degree from Carnegie Mellon University. She is the founder and president of Luminari, a Pittsburgh-based non-profit formed to broaden minds and inspire innovation.

Mrs. Fu has also served as Director of External Relations of Health Sciences at the University of Pittsburgh, Executive Director of Summer Programs at Point Park University, founding Director of the Pittsburgh Regional Champions. She was the creator of the Pittsburgh Regional Brag Book and was former Chairwoman of the Board of Women and Girls Foundation of Southwestern Pennsylvania. She was also a founding board member of ToonSeum.

DR. FREDDIE AND MRS. HILDA PANG FU NEW INVESTIGATOR RESEARCH AWARD RECIPIENTS:

2025 Kate Jochimsen, PhD, ATC
2024 Shelby Baez, PhD, ATC
2023 Neal Glaviano, PhD, ATC
2022 Lindsey K. Lepley, PhD, ATC

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