EVIDENCE TO PRACTICE: Engaging the AT Research Agenda as a CLINICIAN

- 97.5% of respondents agreed/strongly agreed the profession would benefit from clinician-researcher collaborations.
- 94.3% of respondents agreed/strongly agreed the profession would benefit from clinicians engaging in research.
- 86.7% of respondents agreed/strongly agreed that sufficient evidence is currently lacking in selecting and applying therapeutic interventions and exercises.

CLINICIAN ENGAGEMENT IN RESEARCH HAS THE POTENTIAL TO:

- Create clinically relevant and meaningful research
- Develop evidence to enhance decision making
- Improve patient care and healthcare processes
- Enhance clinical teaching
- Foster intellectual, professional, and societal growth

WHAT DOES RESEARCH LOOK LIKE IN THE CLINICAL SETTING?

- Conducting research with actual patients under your care
- Applying research findings into practice to determine effectiveness
- Collecting data at the point-of-care
- Validating evidence from case studies
- Performing quality improvement projects
- Using meaningful clinical outcomes in research projects

WHERE DO I START?

- Explore the Athletic Training Research Agenda
- Identify knowledge gaps in clinical practice
- Develop a clinical question grounded in your setting
- Provide high quality medical documentation
- Connect with other clinicians and researchers to collaborate on a project