

EVIDENCE TO PRACTICE:

Engaging the AT Research Agenda as a **CLINICIAN**

97.5%

of respondents **agreed/strongly agreed** the profession would benefit from clinician-researcher collaborations ¹

94.3%

of respondents **agreed/strongly agreed** the profession would benefit from clinicians engaging in research ¹

86.7%

of respondents **agreed/strongly agreed** that sufficient evidence is currently lacking in selecting and applying therapeutic interventions and exercises ¹

CLINICIAN ENGAGEMENT IN RESEARCH HAS THE POTENTIAL TO: ²⁻⁵

Create clinically relevant and meaningful research

Develop evidence to enhance decision making

Improve patient care and healthcare processes

Enhance clinical teaching

Foster intellectual, professional, and societal growth

WHAT DOES RESEARCH LOOK LIKE IN THE CLINICAL SETTING? ⁶⁻⁷

Conducting research with actual patients under your care

Applying research findings into practice to determine effectiveness

Collecting data at the point-of-care

Validating evidence from case studies

Performing quality improvement projects

Using meaningful clinical outcomes in research projects

WHERE DO I START?

- Explore the Athletic Training Research Agenda
- Identify knowledge gaps in clinical practice
- Develop a clinical question grounded in your setting
- Provide high quality medical documentation
- Connect with other clinicians and researchers to collaborate on a project



¹ ATRA Consensus Statement in JAT ² doi: 10.4085/1062-6050-113-19 ³ doi:10.2519/jospt.2018.0105 ⁴ doi: 10.1136/bjsports-2018-100078
⁵ doi: 10.1016/j.conctc.2016.08.003 ⁶ <http://clinat.indstate.edu/index.php/clinat/article/view/42/24> ⁷ doi: 10.4085/1062-6050-52.10.15