JOIN THE NATA FOUNDATION

for a professionally led "305 Fitness" session











- Dance based workout
- Zumba with a Miami vibe
- Easy-to-follow fun dance moves
- Great workout for dancers & non-dancers



\$30 PER PERSON

Proceeds go towards advancing the athletic training profession through the Foundation's Research, Education and Professional Development Programs.

Advance registration is required. Tickets can be purchased only through NATA's 2023 convention registration site by June 14th.



